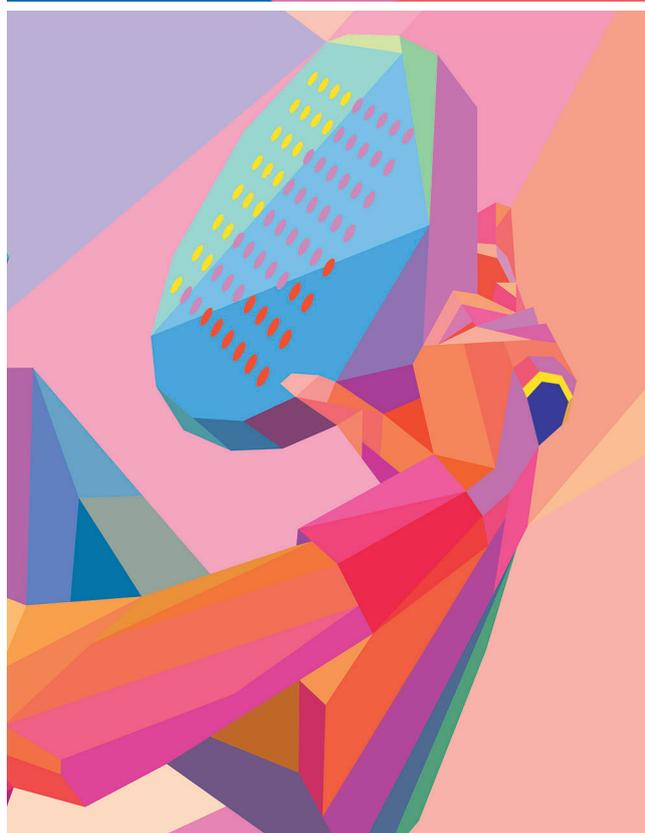
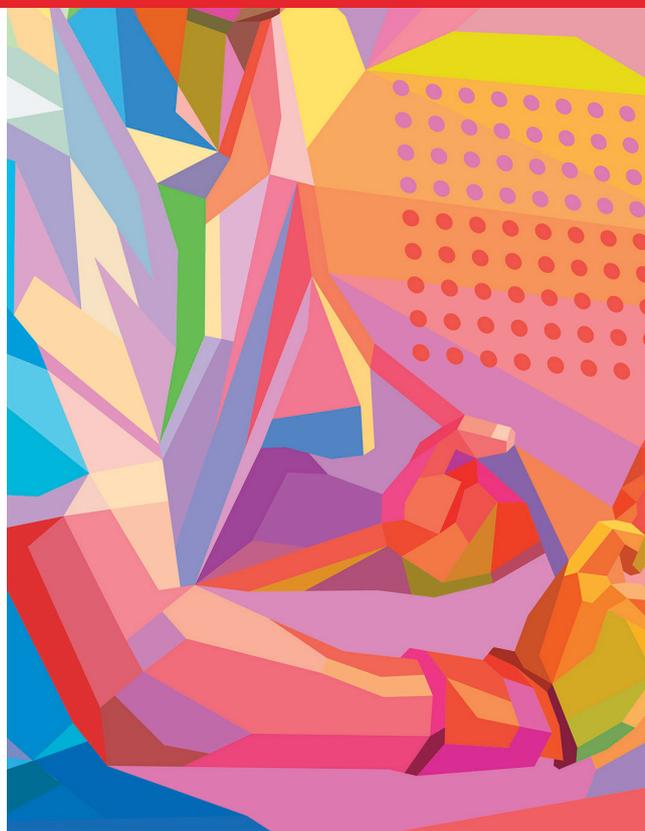


Early Bird Options (8am - 1pm)

Granola Pot With Greek Style Yogurt, Forest Berries & Peanut Butter <i>(Made With Gluten Free Oats)</i>	700
Fresh Fruit Bowl	700
Wake Up Waffles	1100
Smashed Avo On Sour Dough	1100
Potato Rosti Topped with a Spanish Omelette	1000
Croissants <i>Plain</i> 300 <i>Chocolate</i> 350 <i>Almond</i> 350	
Cheese & Chili Croissant (v)	600
Salami, Cheese & Chili Croissant	650
Spinach & Feta Parcels 6pcs	1300
Mini Chicken Pies 6pcs	1300
Sausage Rolls (Pork) 6pcs	1300
Herb Baked Eggs <i>Topped With Rose Harissa Garlic Oil served with Sour Dough Toasts</i>	1150
Full English Breakfast	1500
<i>Eggs Of Choice, Crispy Bacon, Sausages, Creamy Mushrooms & Sour Dough Toasts</i>	

Light Bites & Salads (12pm - 5pm)

Jade Burger <i>Homemade beef patty & house slaw Served With Fries</i>	1300
	<i>Add Bacon</i> 200
Chicken & Coriander Burger <i>Served With Fries</i>	1300
Halloumi & Pesto Sourdough Sandwich <i>Served With Fries</i>	1300
Baby Spinach Salad With A Spicy Sprinkle (v)	800
Chicken Lettuce Wraps	1600
Vegetarian Lettuce Wraps	1300
Green Feast Salad	1300
Den Den's Bowl Sticky Tofu Or Shredded Chicken <i>With Rice Noodles, Steamed Broccoli, Shredded Carrots, Cucumber & Radish Topped With Beansprouts, Chili & Sesame</i>	1700
Zen Salmon Bowl <i>Marinated Salmon with rice noodles, bean sprouts & pak choy, topped with Toga Rashi</i>	2200
<i>We also do a Tofu version</i>	1700



Zen Pizza (Gluten Free Pizzas Available)

Classic Margherita (v)	1500 1900
Garden (v) <i>Sweet Peppers, Onions, Mushrooms, Olives & Chili</i>	1700 2000
Salami <i>Spicy Salami, Mozzarella, Olives & Chili</i>	1800 2200
Parma Ham & Rocket <i>Mozzarella, Tomato, Wild Rocket & Olives</i>	1800 2200
Roast Chicken <i>Torn Chicken, Sweet Peppers, Mozzarella & Red Onions</i>	1800 1900
Ham & Mushroom <i>Mozzarella, Tomato, Ham Slices & Mushrooms</i>	1800 2200

Dessert

Zen Gelato <i>Chocolate, Hazelnut, Vanilla, Strawberry, Roast Almond, Coconut, Pistachio & Sorbet</i>	350
Pinacolada	700
Black Forest	700
Chocolate Torte	750
Seasonal Cheesecake	750
Tiramisu	750
Almond Opera	750

Enjoy our Pan-Asian Bamboo Menu after 5pm

